CHAPTER 8: RESOURCES

Students who are new to the University of Georgia are often unsure about what services are available to them and where to go for help of various kinds. This section offers you places to go for help with writing, research, and personal issues.

Tutoring and Help with Writing

The university offers writers in the First-Year Writing Program a wide range of services at different locations across campus.

The UGA Writing Center

The UGA Writing Center provides support to all UGA writers on any writing project, at any stage of the process. Undergraduate and graduate students as well as faculty, staff, and recent alums are welcome to schedule 45-minute, individual appointments with an expert writing consultant to access help and feedback on their writing. Appointments are available online in synchronous and asynchronous formats, and in-person at the following locations:

- Park Hall 66
- MLC
- Main Library
- Science Library, room 201

Students are invited to schedule up to two appointments a week. Writing Center consultants can assist UGA writers with a wide range of writing projects, including, but not limited to:

- ENGL 1101-1102 assignments
- Essays
- Lab reports
- Application materials
- Theses and dissertations
- Articles for publication
- Conference-style presentations
- Formal emails
- Teaching materials (e.g. syllabi, major assignments)

Writing Center staff is also available to provide instructional support in the form of workshops and in-class presentations. These workshops can address a range of topics, such as thesis statements, literature reviews, or citation styles; consultants are also available to collaborate directly with an instructor to create a workshop that meets their class's specific writing needs. For more information, please visit our website: www.english.uga.edu/writing-center. To register and schedule a one-on-one

appointment, visit <u>www.uga.mywconline.com</u>. Feel free to email the Writing Center administrative team with any questions or to arrange for a class visit: <u>writingcenter@uga.edu</u>

Division of Academic Enhancement (DAE)

Homepage: dae.uga.edu

The Division of Academic Enhancement empowers all students to achieve success with innovative courses, programs, services, and student-centered initiatives. Specifically, DAE can help students improve their writing and learning skills and develop strategies for success at UGA and beyond through the following free services:

• Writing tutoring is offered via face-to-face appointments, online appointments, and drop-in sessions to help students with academic writing assignments and projects.

• **Subject-specific tutoring** offers students an opportunity to attend one-on-one appointments, study pods, or drop-in sessions to assist them in business, computer science, foreign language, math, and science courses in a collaborative learning environment.

• Academic Coaching is a series of one-on-one appointments between a student and a certified coach to address common challenges in learning by creating and modifying a personalized Strategic Learning Plan.

• **Student Success Workshops** provide an opportunity for students to explore topics like time management, learning strategies, motivation, and professional communication.

• UNIV 1105: Introduction to Academic Writing is a three-hour course offered for students needing academic preparation before taking ENGL 1101. Students can also "drop back" from ENGL 1101 to UNIV 1105 (via a section change form) until the semester midpoint.

For more information, please visit dae.uga.edu.

The UGA Libraries

Homepage: http://www.libs.uga.edu

UGA has the largest library in the state, with 4.6 million books, and access to thousands of journals. All print resources at any state school in Georgia are available to UGA students through online request, as well. Library buildings on campus include:

• **Main Library on North Campus**: humanities, social sciences, business, and DigiLab;

• Science Library on South Campus: science, technology, agriculture, and Maker's Space;

• Miller Learning Center: online library resources and recording studio;

• **Special Collections Library**: rare books, manuscripts, media archives, and many exhibits.

For college-level research projects and papers, your instructors will expect you to use *published scholarly* resources and *critically evaluate* all sources.

The MyID and password will grant access to all our databases, e-books, and library accounts online, from anywhere.

"Chat with a librarian" on the library home page provides immediate research assistance. For more individual help, contact the English department liaison librarian, Kristin Nielsen (knielsen@uga.edu) or sign up for a research consultation with a librarian at http://www.libs.uga.edu/contact/consultation_request.

University Health Center

University Health Center serves as a safe space and central resource for the UGA campus community regarding physical, mental health & well-being. Below are several ways to access your resources:

• All Students are assigned a primary care provider home (PCP). Students can make appointments with their PCP for many reasons:

• illness or injury

 referral to other specialists for specific health needs- including our in-house Lab/Radiology

- o wellness checkups and physicals for classes or programs
- questions about general health, sexual health, health goals, stress and mental wellness

• Free workshops/classes/Health coaching lead by licensed clinicians or health educators to provide students with tools to manage stress, anxiety, relationships, social etc. Visit <u>BeWellUGA</u> for a list of offerings available.

• Student leaders, UGA Faculty or Staff may schedule for their group, a wellness program or training with a health educator or licensed CAPS clinician through the UHC program request.

Counseling and Psychiatric Services (CAPS)

CAPS is located on the 2nd floor of the University Health Center and is dedicated to student mental health and well-being. CAPS offer:

- Short-term individual counseling
- Group Counseling
- Free workshops (<u>BeWellUGA</u>)
- Therapy Assisted Online (TAO)- Free well-being service for students
- Consultation to student leaders, faculty and staff
- Psychiatric services- to monitor medications
- Crisis intervention

• Referral assistance to other providers, both on campus and in the local community.

We are open from 8:00 a.m. to 5:00 p.m., Monday through Friday. For more information about CAPS services, please call 706-542-2273 or see our website www.uhs.uga.edu/caps.

For after-hours emergencies call 706-542-2200 (UGA police) and ask for the on-call clinician.

• UGA campus has several resources for a student seeking <u>mental health</u> <u>services</u> and/or <u>crisis support</u>.

The **University Health Center's Health Promotion** department takes a proactive role in supporting the well-being and academic success of all UGA students.

There are also times when students need assistance in getting back on track and this is where *The Fontaine Center*, under the direction of UHC's Health Promotion will intervene. *The Fontaine Center* for intervention, prevention and recovery services steps in to ensure student success for those impacted by alcohol, other drug related incidents and interpersonal violence.

The **UHC Health Promotion Department** is home to many student wellness, prevention and support services including:

- Sexual health prevention, education, and the *Condom Express* program
- Nutrition education & counseling, and the *Nutrition Kitchen* for students interested in learning to cook.
- Prevention and wellness programming including healthy relationships, suicide prevention, stress, sleep, alcohol & drug misuse and interpersonal violence prevention

may be found through **BeWellUGA**.

- *The Fontaine Center* provides prevention education, intervention and recovery support services for alcohol & drug misuse and those impacted by interpersonal violence:
 - Collegiate Recovery Program
 - Free and confidential, 24-hour support to survivors of interpersonal violence: **706-542-SAFE (7233)**.

To request a wellness program or schedule an appointment please call 706-542-8690

Disability Resource Center

The Disability Resource Center assists the University in fulfilling its commitment to educate and serve students with disabilities who qualify for admission. The Disability Resource Center, DRC, coordinates and provides a variety of academic and support services to students. Our mission is to promote equal educational opportunities and a welcoming academic, physical, and social environment for students with disabilities at the University of Georgia. If you are a new or current student seeking services at the Disability Resource Center (DRC), we look forward to meeting with you! On the DRC website, www.drc.ugs.edu, you will find information about the accommodations and services we coordinate for UGA students who have disabilities. The site will give you a picture of who we are and our programs and services.

You can register with the DRC at any time, although we encourage students submit their information as early as possible. Once everything is submitted, the process to evaluate the application can take around 1-4 weeks, so the earlier you submit the application, the earlier we can begin that process. All information provided to the DRC is confidential. If you require accommodations at UGA, information on the DRC's registration process is provided on our website at https://drc.uga.edu/students/register-for-services.

Student Care & Outreach

The mission of Student Care and Outreach is to coordinate care and assistance for all students, undergraduate and graduate, who experience complex, hardship, and/or unforeseen circumstances by providing individualized assistance and tailored interventions.

Student Care and Outreach works to support and assist students as part of the larger academic mission. For faculty and staff, Student Care and Outreach can consult and provide collaborative support with departments for any student experiencing complications both in and outside of the classroom.

Student Care and Outreach is located on the third floor of the Tate Center, and is open Monday-Friday, 8:00am to 5:00pm. For more information about SCO resources, please call 706-542-7774 or visit <u>https://sco.uga.edu/</u>.